## May 10, 2024



## **Sutter Union High School**

Athletic Events/Release Time 5/10	Lunch	Detention
TBA Track- Release TBA 4:00 PM V Softball @ TBA Release TBA	TBA	Mr. Elford B5 5/13, 5/14 & 5/16

- Hello Huskies! In celebration of Mental Health Awareness Month, the Sutter High School Counseling staff with the help of PREP will be hosting a Fresh Air Wellness Fair today Friday, May 10th during lunch in the quad. We will have food, games, yoga, therapy dogs, and more! Today's Mindful Minute is Mindful Breathing. Your teacher will read aloud the prompt and allow you time to practice this new strategy in class!
- Seniors- If you are attending Grad. Night, make sure you turn in your Grad. Night permission slip to Mrs. Little in the library by Friday, May 17th. (5/17)

Dual Enrollment Summer/Fall Important Info:

May 20th is the first day that students can enroll themselves, <u>via Self-Service</u>, in the courses that have been approved by Yuba College Admissions.

Students that are interested in taking college courses this summer and/or fall need to sign up, via the Counseling and Career Center clipboard, to speak with their counselor. Mrs. Collazo is available, Monday - Friday, before school and during the lunch period to answer any Yuba College Dual Enrollment questions and to sign High School Request Forms.